

**REGISTER!** DIR®/Floortime™ Developmental-Relational Treatment of Autism & Sensory Processing Disorder

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NUMBER OF ATTENDEES FOR THIS REGISTRATION: \_\_\_\_\_  
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 **Billing Address.\*** Required field if paying by PO or credit card!  
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**PAYMENT REQUIRED FOR REGISTRATION**  
 Check, credit card or PO# MUST accompany registration form.

Price \_\_\_\_\_ X Quantity \_\_\_\_\_ = Total \_\_\_\_\_  
 Check enclosed, payable to Summit Professional Education  
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**Check the Session You Will Attend:**

**Bellingham, WA** - June 16, 2009  **Portland, OR** - June 18, 2009  
 **Seattle, WA** - June 17, 2009

**PRICING:**

**Early** (MUST be received 14 days prior to seminar)  
 \$169/single \$149/ea (2-4) \$129/ea (5+)  
**Regular**  
 \$189/single \$169/ea (2-4) \$149/ea (5+)  
**Group registrations and payment must be received together.**

**4 EASY WAYS TO REGISTER:**

**ONLINE:** www.summit-education.com  
**PHONE:** 800-433-9570 OR 615-376-8828  
**FAX:** 615-376-8233  
**MAIL:** Summit Professional Education  
 PO Box 908  
 Franklin, TN 37065

Summit Professional Education  
 PO Box 908  
 Franklin, TN 37065



**PRIORITY CODE**

1902



An Important One-Day Seminar for...  
 Educators, Mental Healthcare Professionals, OTs, SLPs, PTs

# DIR®/Floortime™

## Developmental-Relational Treatment of Autism & Sensory Processing Disorder

**Presented by Esther B. Hess, Ph.D.**, a developmental psychologist with more than 30 years of clinical experience. Dr. Hess specializes in the assessment, diagnosis and treatment of children with developmental delays and/or regulatory disorders including autism spectrum disorders utilizing the developmental/relational method known as DIR®/Floortime™.

### Examine These Key Features and Benefits to Attending

1. The **6 stages of developmental capacities** and what 'moving up the developmental ladder' really means
2. **Video demonstration:** real families struggling with the diagnosis of autism in their child (through) and learn how relationships are the drivers of all future development
3. **Diagnostic classifications** of childhood disorders including interactive disorders, regulatory challenges and severe disorders of relating and communicating
4. Biologically based individual differences, family/community/culture and child-caregiver interactions that impact a child's developmental capacity
5. **Sensory integration theory** and the impact on a child's individual neurological differences
6. The developmental/relational approach known as DIR®/Floortime™ and learning to 'follow a child's lead'
7. **Theory of brain plasticity** - a concept of brain development gives hope for children impacted by autism
8. Progress in **therapeutic interventions for autism**

### Who Should Attend

- Psychologists
- Child Development Specialists
- Developmental Specialists
- Professional Counselors
- Social Workers
- Occupational Therapists
- Occupational Therapy Assistants
- Physical Therapists
- Physical Therapist Assistants
- Speech and Language Pathologists
- Special Education Teachers
- Early Childhood Specialists
- Shadows - 1:1 Aides
- Paraprofessionals
- Parents and Caregivers



**Bellingham, WA**  
 June 16, 2009

**Seattle, WA**  
 June 17, 2009

**Portland, OR**  
 June 18, 2009

See inside for...  
**Continuing Education Credit**

800-433-9570

www.summit-education.com

"She was excellent--high energy, interested in creating a positive experience for participants."  
 -Ph.D.  
 Philadelphia, PA



See inside for CE credit info!

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# DIR®/Floortime™

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**Multi-disciplinary Approach**

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# DIR®/Floortime™ Developmental-Relational Treatment of Autism & Sensory Processing Disorder

## Course Description

There is an alarming increase in the number of children diagnosed with developmental and communication disorders, such as autism and pervasive developmental disorder (PDD). A decade ago, it was estimated that one child in 10,000 would become autistic; today, it is estimated that 1 in 166 children are affected by autism and related disorders. Two intervention models – behavioral and cognitive skill building – have dominated how we work with children and adolescents diagnosed with an Autism Spectrum Disorder. However, a third model based on a comprehensive, interdisciplinary approach that focuses on the emotional development of the child has emerged which helps children impacted by developmental delays, like autism, tolerate new emotional experiences, so that new brain pathways leading to higher developmental capacities can become possible.

This exciting seminar will provide attendees with both conceptual and practical understandings of the assessment and treatment of children with interactive disorder, regulatory challenges and developmental delays through the developmental relational technique known as DIR®/Floortime™. Dr. Hess will share a structured framework that helps a child learn how to attend and remain calm, relate to others, initiate and respond to all types of communication. You will identify various problem-solving exercises that involve a team approach that includes speech therapy, occupational therapy, educational programs, and, where appropriate, biomedical intervention. Adaptations of play techniques utilizing Dr. Stanley Greenspan's Developmental, Individual Differences, Relationship Based Model (DIR) will be examined for uses with these individual children as they emphasize the critical role of parents and other family members. Don't miss this one-of-a-kind seminar – go to [www.summit-education.com](http://www.summit-education.com) to register today!

## About Your Course Instructor

**Esther B. Hess, Ph.D.** is a licensed developmental psychologist with more than 30 years of clinical experience. Dr Hess specializes in the assessment, diagnosis and treatment of children with developmental delays and/or regulatory disorders including autism utilizing the developmental/relational method known as DIR®/Floortime™. Dr. Hess is the founder and executive director of *Center for the Developing Mind*, a state of the art multidisciplinary treatment facility for children, adolescents and their families impacted by developmental delays, regulatory disorders, autistic spectrum disorder, Asperger's Disorder, pervasive developmental disorder NOS, and non-verbal learning disabilities. She promotes and provides psychoeducational support for the healthy siblings of the child (children) and to the parents in the form of individual, couple and group therapy. Dr. Hess is a certified DIR®/Floortime™ interventionist and has given more than 50 presentations on this clinical technique including to the Association of Speech and Occupational Therapists, the Autism Alliance of America and the American Psychotherapy National Conference. She is a board certified diplomat in counseling, clinical psychotherapy and child and adolescent psychology. Dr. Hess serves on the clinical staff at UCLA Medical School and teaches graduate students at Ryokan College. She received her Ph.D. from The California Graduate Institute and her MA from Catholic University. Dr. Hess is an associate member of the American Psychological Association, a member of the California Psychological Association, a board member of the Childhood Anxiety Network, and a founding board member Switzer School - Autism Spectrum Disorder Division.

## Learning Objectives

### The Participant will be able to:

1. Identify principal indications of sensory and processing challenges in the play of children with autism.
2. Specify the DIR model of play techniques used to support specific sensory and processing challenges in children with autism.
3. Recognize the indicators of social-emotional challenges in the play of children with autism.
4. Describe the DIR model of play techniques to facilitate emotional regulation and expression in children.
5. Show how the DIR model facilitates socialized play and social skills in children impacted by autism.
6. Recognize common parent-child issues for children with interactive disorders, regulatory disorders or developmental delays.
7. Differentiate the DIR model of play techniques to facilitate adaptive interpersonal relationships in families with this universe of children.
8. Utilize the DIR model of play techniques to facilitate positive self-esteem in children with sensory and processing challenges.

## Course Outline

**7:30 am – Registration & Breakfast | 8:00 am – Course Begins**

### I. The Developmental Model

- Basic Model of Development/Brain Plasticity
- Six Stages of Development
- Role of Affect in Development
- Development of Self
- Video Illustration

### II. Conducting the Clinical Assessment/From Assessment to Diagnosis

- Overview
- Presenting Problems
- Developmental History
- Family and Caregiver Patterns
- Observation of Child/Caregiver Patterns
- Direct Interaction with Child/Hands on Assessment
- Environmental Assessment
- Functional Emotional Assessment Scale (FEAS)
- New Diagnostic Classification Approaches, Including: Interactive Disorders, Regulatory Challenges, Multi-system Developmental Disorders (MSDD), Pervasive Developmental Disorders (PDD)



**VIDEO ILLUSTRATION**

Your instructor will break for 15 minutes in the morning and afternoon at appropriate times.

**11:30 am – 12:30 pm – Lunch on Your Own**

### III. Approaches to and Principals of Intervention

- Intervention Strategies for Interactive Disorders, Including: Multi-Risk Families
- Trauma Disorders
- Intervention Strategies for Regulatory Challenges, Including: Six Step Program
- Five Types of Regulatory Challenges
- Clinical and Videotape Illustrations of Aspects of the Intervention Process

### IV. Intervention with Severe Disorders of Relating, Communicating and Thinking

- Syndrome vs. Individual Differences Approach
- MSDD and PDD
- Therapeutic Approaches for MSDD and PDD, including the DIR®/Floortime™
- Steps in the Therapeutic Process
- Videotape Illustrations
- The Therapeutic Team of MSDD and PDD
- Occupational Therapist
- Speech Therapist
- Educational Specialist
- Emerging Areas of Research

**3:30pm - Course Adjourns**

## We Offer Continuing Education Credit for the Following Professionals



**Occupational Therapists** - Summit Professional Education is an AOTA Approved Provider of continuing education - provider #5873. This course is offered for .6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. OTR/COTA - NBCOT does not review, sanction, or endorse any of the course or program content offered by companies or organizations registered as professional development providers.



**Professional Counselors** - Summit Professional Education is an NBCC-approved Continuing Education Provider (ACEP) #6357 and may offer NBCC-approved clock hours for programs that meet NBCC requirements. Summit Professional Education is solely responsible for all aspects of the program – 6.0 hours.

**Social Workers - OR:** This course meets the requirements as stated in Oregon Administrative Rule 877-025-0006 covering continuing education. Please save your certificate of completion in case of Board audit. **WA:** Summit Professional Education is approved by the National Board for Certified Counselors to offer continuing education. The Washington State Department of Health Professions Quality Assurance accepts this provider status for social worker continuing education courses. Summit Professional Education maintains responsibility for this program - 6.0 hours.

**Educators - OR:** Each educator is to have a professional development plan on file with their employing school district, it is up to the individual plan and district to allow acceptance of specific seminars or workshops. **WA:** This seminar has been submitted to the Educational Service District 101 for approval.

**Psychologists** - Summit Professional Education is approved by the American Psychological Association to offer continuing education for psychologists. Summit Professional Education maintains responsibility for this program - 6.0 hours.

Have continuing education credit questions? Please logon to [www.summit-education.com](http://www.summit-education.com) for the latest approval status or email [ceinfo@summit-education.com](mailto:ceinfo@summit-education.com).

## Share Your Knowledge!

Summit Professional Education is currently seeking qualified professionals to develop and teach seminars nationally. Visit [www.summit-education.com/instructor](http://www.summit-education.com/instructor) to request more information.

*“Great seminar! The need for new approaches for treating Autism is now bigger than ever. Thank you.”*

- Occupational Therapist  
Chicago, IL

## Register Today for One of These Locations

**Bellingham, WA**  
**June 16, 2009**  
Hampton Inn Airport  
3985 Bennett Drive  
Bellingham, WA 98225  
(360) 676-7700

**Portland, OR**  
**June 18, 2009**  
Holiday Inn Airport  
8439 NE Columbia Blvd  
Portland, OR 97220  
(503) 256-5000

**Seattle, WA**  
**June 17, 2009**  
Best Western Evergreen Suites  
32124 25th Avenue S  
Federal Way, WA 98003  
(253) 529-4000

*“Very professional. Fresh, upbeat, enjoyable; Dr. Hess clearly knows her subject.”*

– Speech-Language Pathologist  
Columbus, OH

## You Will Receive an Extensive Resource Handbook

Included with your registration you will receive a comprehensive reference manual complete with strategy checklists, handy clinical forms and references to sources of additional help. Upon meeting the Satisfactory Completion Statement, you will receive a certificate of completion at the end of this course.



**Speech-Language Pathologists & Audiologists** - Summit Professional Education is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. This program is offered for 0.6 CEUs (Intermediate level, Related Area). ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

**Physical Therapists - OR:** As per Oregon physical therapy licensing regulations a course which is approved by another state physical therapy board will automatically count for continuing education credit if a certificate of completion is issued and the course relates to the delivery of physical therapy services. This course has been approved by the New Mexico State American Physical Therapy Association. **WA:** Continuing education pre-approval is not required by the Health Professions Quality Assurance Board of Physical Therapy. Save your certificate of completion for the relicensing process.

**Other Professionals** - This seminar qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

## Satisfactory Completion

Participants must pay tuition fee, sign in, attend the entire seminar, complete an evaluation and sign out in order to receive a certificate of completion. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available.

## The Summit Guarantee

Summit Professional Education is a national leader in high-quality educational products and services for today's professional. Our seminars and training programs are designed to help professionals achieve improved performance and results in all areas. Our faculty is the “best of the best” in their fields of expertise and provide programs that can really make a difference to participants. If for any reason you are not satisfied with the program, simply notify the registrar of your intent to withdraw from the program prior to the first morning break, turn in your course materials and receive a 100% refund or credit on a future program.

## Important Registration Information

### Confirmation & Registration

Confirmations of registration will be sent via email. A copy of your registration confirmation will help expedite on-site check-in the day of the seminar and serve as your receipt for fees paid at the time of registration. Walk-ins are welcome, but please call to confirm space availability and program location. Please notify us at least fourteen (14) days in advance if you have special needs or require assistance.

### Substitution & Cancellation Policy

Requests for cancellation must be received by us ten (10) days prior to the seminar in order to receive a refund less a \$20.00 administrative charge per cancelled attendee. If the cancellation is made within ten days or less, refunds will not be granted for any reason. A credit voucher to be used toward a future seminar will be issued. Credit vouchers are transferable and do not expire. In cases of inclement weather where the seminar is conducted as scheduled, you may request a credit voucher toward a future seminar. If we must cancel for any reason, our liability is limited to the cost of tuition. If you register and do not attend, you are still liable for payment. Substitutions may be made at any time.

**W-9:** To download a copy, logon to [www.summit-education.com/w-9](http://www.summit-education.com/w-9)  
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